



Join the Courage Crew competing for CancerFree KIDS!

Being a team member of the **Courage Crew** is a great way to take the Morgan's Triathlon to the next level! Whether this is your first triathlon or your 31st, you can benefit by being part of the Courage Crew. The Morgan's Triathlon is an opportunity to do something **BIG!** Being part of the Courage Crew means you are part of something bigger than yourself – part of a team of people who are committed not only to a great race, but to a great cause!

There is no cost to join the Courage Crew – simply a commitment to turn your triathlon into an opportunity to raise funds for childhood cancer research. How? Simple...we provide you with the online tools you need to easily create your own web page and then send it out to family and friends asking them to support your efforts with a donation to CancerFree KIDS. You can also put your request out via Facebook, Twitter, etc. Your goal will be to raise at least \$500 individually or \$1000 per team by June 1 for the June 5 Morgan's Triathlon.

Benefits:

- Premier start times reserved just for Courage Crew team members
- Custom technical shirt identifying you as a Courage Crew member;
- Fundraising support – you won't believe how easy it is!
- Professional training sessions for all phases of the Triathlon – canoeing, running and cycling. These sessions are completely optional.
- Discounted (50%) prices on any practice canoe runs at Morgan's.
- “got courage” wristband to remind you of the kids you are helping while you train!
- The knowledge that you are doing something truly great for kids with cancer....

THEIR courage will inspire you. YOUR courage will give them hope for the future.

Sign up TODAY! Space is Limited!

Contact: Rose Eckhoff at CancerFree KIDS at rose@cancerfreekids.org or call (513) 575-5437 for more information or to request your Courage Crew welcome packet.